

Lesson	Content	Vocab												
1.How babies grow  LESSON COMPLETED	The children will match photos of baby animals and mothers. They will sequence and describe the changes that happen for the baby: from birth, to being a child/young animal, to being fully grown.	Changes Birth Animals Babies Mother Growing up												
2.Babies  LESSON COMPLETED	The children will learn about how the life of a baby starts out and what a baby needs to survive. Where does it begin to grow? How does it grow? The children will see from a diagram that a baby grows inside a mother’s womb/uterus and gets all its nutrients in order to grow from the mother.	Baby Grow Uterus Womb Nutrients Survive Love Affection Care												
3.Outside body changes	<p>The children will explore how changes make us feel - Sometimes exciting and good, sometimes difficult, often a bit of both.</p> <p>SCRIPT that will be used – One thing we can be sure of: there will always be changes in our lives, because living things are always changing. We are going to talk about an important change which happens gradually to everybody - for you it will start sometime in the next few years and carry on into your teens. This is called Puberty and this is a collection of changes that will gradually change your body from a child’s body into an adult’s body. Today we’ll look at changes on the outside, next time changes on the inside.</p> <p>We will place a large outline figure of a body on the floor in the centre of the group. The children will have the cards opposite explaining changes to their body, which they will place on the figure in the correct place on the body outline. Distinction will be made between the different changes that will happen to a boy and a girl.</p>	<p>Change Puberty Control</p> <table><tr><td>I will grow taller</td><td>I will develop pubic hair between my legs</td></tr><tr><td>Hair will grow under my arms</td><td>Hair will grow on my legs</td></tr><tr><td>I will grow hair on my face</td><td>My hips will widen</td></tr><tr><td>My chest and shoulders will get broader</td><td>My voice will get deeper</td></tr><tr><td>My breasts will grow</td><td>My penis and testicles will grow larger</td></tr><tr><td>My feet will get bigger</td><td>My skin will get less smooth</td></tr></table>	I will grow taller	I will develop pubic hair between my legs	Hair will grow under my arms	Hair will grow on my legs	I will grow hair on my face	My hips will widen	My chest and shoulders will get broader	My voice will get deeper	My breasts will grow	My penis and testicles will grow larger	My feet will get bigger	My skin will get less smooth
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4. Inside body changes	<p>We will talk about the difference between how babies are born, drawing on the differences between species – e.g. mammals who give birth to live offspring and reptiles/ birds that lay eggs.</p> <p>SCRIPT that will be used – Most of all, what boys’ and girls’ bodies have to get ready for is making and having babies - because the magical thing about babies is that although they are born from the mother, they need both a little bit of the mother and a little bit of the father to start them off in the first place. Last time we looked at how our bodies change on the outside, now we need to go on a journey to the inside.</p> <p>We will identify and explain the key elements, along these lines: The testicles grow and start to make sperm which are tiny seeds that are needed to start a baby growing Sperm can be released through the penis The ovaries store hundreds of tiny eggs and during puberty</p>	Puberty Male Female Testicles Sperm Penis Ovaries Egg Womb Vagina												

	<p>they start to release them, one at a time each month</p> <p>When one of these eggs joins with a sperm it will start to grow into a baby</p> <p>The womb grows and gets ready to make a safe space for a baby to grow until it is big enough to be born</p> <p>The passage that leads from the womb to the outside is called the vagina</p>											
5. Family Stereotypes	<p>We will explore what ‘stereotypical’ means and draw out what roles seem to be more stereotypical in the task cards than others.</p> <p>The children will think about whether this is always true/sometimes true. We will ensure that the children understand that it is OK for both males and females to do any of the roles within the family, and how roles are shared out in different families.</p>	<p>Stereotypes Task Roles Challenge</p> <table><tr><td>Washing the car</td><td>Decorating the house</td></tr><tr><td>Changing the bed</td><td>Mowing the lawn</td></tr><tr><td>Picking and arranging flowers</td><td>Cooking dinner</td></tr><tr><td>Bathing a child</td><td>Changing a baby's nappy</td></tr><tr><td>Washing up</td><td>Putting the bins out</td></tr></table>	Washing the car	Decorating the house	Changing the bed	Mowing the lawn	Picking and arranging flowers	Cooking dinner	Bathing a child	Changing a baby's nappy	Washing up	Putting the bins out
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6. Looking ahead	<p>We will talk about what the children are looking forward to next year. We will invite visitors from Year 4 children to come to talk to them about what it might be like to be in Year 4 and to tell the children some of the changes that happened to them whilst they were in Year 4 (e.g. learning to swim, being able to read a higher level, making a different friend, joining the football/netball club, growing taller, etc.).</p> <p>The Year 4 children will be invited to share how they coped with any changes.</p>	<p>Change Looking forward Excited</p> <p>Nervous Anxious Happy</p>										