

SEND NEWSLETTER

Sandal Primary School

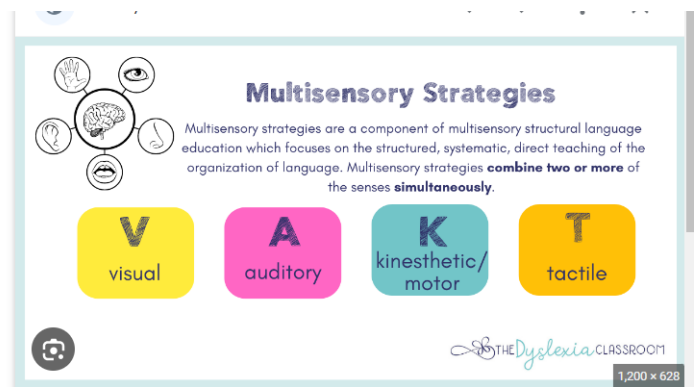
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We have made it to the final day for this academic year. As always, it has been filled with exciting learning opportunities across the school, such as trips and 'wow days'. But we have also experienced a lot of sad tears this week especially, as our year 6 children leave us to start their journey at secondary school. I would like to take this opportunity to say good luck and I wish you all the success in the future. I hope everyone has a well deserved summer holidays and I look forward to seeing you all in September.

Training in school: Multi- Sensory Literacy Intervention and DSL

- Miss Sperduto and Miss McNicholas have attended a series of 5 training sessions for a new intervention programme that Bradford SCIL team have developed, called the Multi-Sensory Literacy Intervention. It is a cumulative programme based on the well-founded Orton-Gillingham approach which also supports the systematic, synthetic teaching of phonics. The programme is designed for pupils in KS2 with persistent and severe literacy difficulties and taught on a 1:1 basis in two 30-minutes session per week. The programme is cumulative and only includes information being taught or that has been taught - it does not presume prior learning.
- Miss Sperduto and Miss McNicholas will be liaising with staff in September, to determine which children are a priority for this programme. Parents/ carers will be informed if your child is taking part.



- Miss Sperduto has also completed her DSL training over 2 days and is now a Designated Safeguarding Lead in school. She will work alongside Mrs Dale, Mr Douglass and Mrs Morris to take responsibility for safeguarding and child protection (including online safety) across school.



Summer term SEND reviews:

Thank you to all those parents/ carers that booked a final review for their child for this academic year. It is always lovely to hear how far the children have come in a year and to share that with you. All Individual Learning Plans have now been reviewed and new ones will be created during Autumn 1. Thank you for your continued support; I appreciate it a do the children.

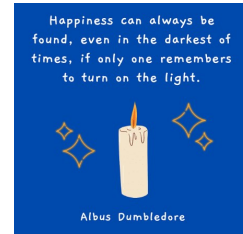
"Imparting education not only enlightens the receiver, but also broadens the giver—the teachers, the parents, the friends."
 Amartya Sen

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Mental Health Matters!

The importance of mental health in children with SEND cannot be overstated. A healthy mental state is vital for their overall well-being, learning and development. Children with SEND may experience additional stress and anxiety due to the specific challenges they face. This could stem from academic pressures, social interactions, or their ability to manage daily activities. Ensuring that they receive the necessary support to cope with these challenges is essential.



Maintaining good mental health in children with SEND enables them to thrive in their learning environment, develop resilience and form meaningful relationships with their peers. Furthermore, a positive mental state can improve their self-esteem, self confidence and ability to navigate life's challenges.

At Sandal, we are fortunate enough to have experienced and trained staff who are willing to go the extra mile to ensure our children are supported not only academically but them as a person. The Inclusion team offers a range of support and interventions that focus on improving children's mental health including; outdoor nurture, drawing and talking, WRAP, and mindfulness therapy.

If you feel that your child's mental health is deteriorating and you would like support, please contact Mrs Morris, who is our Wellbeing & Inclusion Co-ordinator and Senior Mental Health Lead. She can be reached via the schools phone number: 01274 598115

For more advice and support, please visit these links:

<https://www.barnardos.org.uk/what-we-do/helping-families/mental-health>

<https://localoffer.bradford.gov.uk/service/596-bradford-mental-health-services>

MINT coffee mornings

These will resume in Autumn 1. The focus of the first one will be on Mental Health and Cognition and Learning, looking at specific interventions that will help children with their reading ability.

This will include:

- Toe by Toe
- BEAT Dyslexia
- PORIC
- BLANK levels



This has been carried over from Summer 2 and a specific date is yet to be confirmed. Keep a look out for the flyer.

Mental Health– what can you do at home?

- Practice mindfulness on an evening
- Deep breathing exercises
- Find relaxation techniques
- Guided imagery– imagining a peaceful scene in detail
- Mindful colouring when they get home from school
- Mindful listening– playing calming nature sounds and soothing music



"It is not what is powered into a student that counts, but what is planted."
 Linda Conway