

Sandal Primary School Monday Update What's On
29th September 2025



Are you struggling with a defiant child?



Facing Defiance

A six part online course for parents that you can complete in your own time.
A step by step guide through a specific strategy aimed to support parents of children aged between 5 to 12 who are displaying very challenging behaviour, including children with ADHD, ODD and PDA.

go to **facefamilyadvice.co.uk**

Book online £48

on the **Online Parenting Courses** page

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October Timetable

All sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm
Supporting A Child With ADHD	13 Oct 10am
Understanding Addictive Behaviour	13 Oct 7pm
Autism Improving Communication	14 Oct 10am
Improving Family Communication	14 Oct 7pm
Supporting Healthy Screen Use	20 Oct 10am
Facing Defiance	20 Oct 7pm
Anxiety Based School Avoidance	21 Oct 10am
Understanding Anger	21 Oct 7pm
FREE - Raising Self-Esteem	23 Oct 7-8pm
Anxiety Explained	27 Oct 10am
Cannabis and Ketamine Awareness	27 Oct 7pm
What Is ACT?	28 Oct 10am
Introduction To OCD	28 Oct 7pm

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OCTOBER HALF-TERM HOCKEY CAMP

SCHOOL YEARS 5-8

Two days of fun games and expert coaching for complete beginners and experienced players



30 & 31 October 2025
9am to 3pm



Titus Salt School
Higher Coach Road, Baildon, Shipley BD17 5RH



£30.00 per day per child
£25.00 per day for two days OR when booking for two or more children.

bradfordhc.co.uk



ClubMark



LIMITED SPACES - SCAN THE QR CODE TO BOOK ONLINE: