

Sandal Primary School Monday Update

13th October 2025

This week

13 October – YR 5&6 Girls Football
15 October – YR 6 Bonfire Safety Talk
16 October – YR 5&6 Bun Sale
17 October – Saplings Baby Group
17 October – Reception Stay & Play Session 2.15pm

Future dates

21 October – YR 5&6 Girls Football by invitation only
21 October – YR 5 Planetarium in school
21 October – YR 5&6 Boys Football by invitation only
21-22 October – Reception Bike Class
24 October – PPG Halloween Trail
24 October – YR 6 WW2 Day
24 October – Sapling's Baby Group

School Lunch

From Monday 3rd November the cost of a school meal will be £2.55. The menu for after October half-term can be found on page 2. This will be valid until Easter.

Sandal Saplings

We have had another fun week at Saplings exploring playdough and some amazing gloop! This week will be our last session of the half term and will have a Halloween theme with spooky crafts. Dress up is optional. If you would like to book a place, please complete the form at <https://www.sandalprimaryschool.co.uk/sandal-saplings>

Xmas4Schools

If you have an Xmas4Schools entry at home, the last date for returning it is Wednesday, 22nd of October. After half-term, you should get an email and/or text message from the company with a unique ordering link. There is, obviously, no expectation to order.

Colour Run

Thanks once again to everyone who took part, attended or donated. If you have any remaining sponsorship money, please either bring it into school, or pay it in via. the Arbor app, so that we can announce the final total.

Baby Loss Awareness Week

This week, we are marking Baby Loss Awareness Week with sensitivity and care. As a school community, we stand alongside all those who are affected by pregnancy and baby loss, recognising the profound impact it can have on families. We want to remind our parents, carers, staff and children that we are here to offer support, understanding and a listening ear to anyone who is struggling through this. On 15th October at 7pm, we also acknowledge the global Wave of Light, a moment where candles are lit to honour and remember precious babies gone too soon. If you would like any further support, please contact the school office and ask to speak to Mrs Bradley.

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Wk 1 - 3rd Nov, 24th Nov,
15th Dec, 5th Jan, 26th Jan,
16th Feb, 9th Mar, 30th Mar
Wk 2 - 10th Nov, 1st Dec,
22nd Dec, 12th Jan, 2nd Feb,
23rd Feb, 16th Mar, 6th Apr
Wk 3 - 17th Nov, 8th Dec,
29th Dec, 19th Jan, 9th Feb,
2nd Mar, 23rd Mar, 13th Apr

Sandal Primary School & Nursery

Homemade bread,
selection of seasonal
vegetables / fresh salad
and fresh fruits served
daily



WEEK 1

MON

Rich & Creamy Meat Lasagne
(Red Tractor Accredited Beef Mince in a rich Tomato Sauce with Herbs & Garlic layered with Pasta Sheets and a Creamy Cheese Sauce, served with Garlic Bread)

- Golden Cheese Roll
(Cheese mix wrapped in Puff Pastry, served with Creamed Potatoes & Seasonal Vegetables)
- Spaghetti Marinara
(A Tomato and mildly spiced Sauce combined into cooked Spaghetti, topped with Cheese)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Pears & Ice Cream
with Syrup
(Vanilla Ice Cream with
Tinned Pear Slices with a
Chocolate flavoured Syrup)

TUES

Chicken Tikka Masala with Pilau Rice / Naan Bread
(Red Tractor Accredited diced Chicken & Chickpeas in a mild Curry Sauce with Pilau Rice or Naan Bread)

- Creamy Mac & Cheese
(A Macaroni Pasta dish, coated in a Creamy Mature Cheddar Sauce, served with Crusty Bread)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Strawberry Sponge
& Custard
(Homemade, light Vanilla
Sponge with a
Strawberry Jam swirl,
served with Custard)

WED

Roast Meat Dinner
(Red Tractor Accredited Meat (either Gammon, Turkey or Pork Loin) served with Yorkshire Pudding, Roasties & Gravy)

- Toad in the Hole
(Quorn Sausage Baked in a light Batter, served with Roast Potatoes)

Assorted Jacket Potatoes /
Selection of Sandwiches

Fruity Flapjack
(A sweet Bar made with
Oats, Golden Syrup &
Butter with Fruit)

THUR

- Classic Cheese & Tomato Pizza with Coleslaw & Salad
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)

- Mini Power Ball Pizza
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese & Meatless Balls)

Assorted Jacket Potatoes /
Selection of Sandwiches

Chocolate Sponge
& Chocolate Sauce
(Homemade, light
Chocolate Sponge, served
with Chocolate Sauce)

FRI

All Day Brunch
(Traditional breakfast items Red Tractor Sausage, Egg, Toast, & Beans.)

- All Day Vegetarian Brunch
(Quorn Sausage, Scrambled Egg, Baked Beans, Hash Brown & Toast or Bread & Butter)

- Arrabiata Pasta
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Banana Muffins
(A fluffy Vanilla Sponge,
with Bananas & drizzled
with Icing)

WEEK 2

Traditional Chicken Pie
(Red Tractor Accredited diced Chicken Pieces in a rich Gravy with Vegetables, topped with a Golden Pastry Lid served with Potatoes)

- Golden Cheese Flan
(Mature Cheddar Cheese & Egg Baked in a Pastry Case, served with Seasoned Potatoes)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Marble Sponge &
Chocolate Sauce
(Homemade Sponge with
hints of both Vanilla &
Chocolate Cake, served
with Chocolate Sauce)

Beef & Red Lentil Bolognese & Garlic Bread
(Red Tractor Accredited Beef Mince & Lentils in a Tomato Sauce served with Pasta & Garlic Bread)

- Arrabiata Pasta
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Apple Crumble
& Custard
(Sliced Apples topped with
Oat Crumble, served with
Custard)

Roast Meat Dinner
(Red Tractor Accredited Meat (either Gammon, Turkey or Pork Loin) served with Yorkshire Pudding, Roasties & Gravy)

- Hearty Shepherd's Pie
(Soya Mince, Veg and Gravy filling, topped with Mashed Potato)

Assorted Jacket Potatoes /
Selection of Sandwiches

Decorated
Fruit Jelly
(Jelly with Fruit, topped
with Fresh Cream)

- Classic Cheese & Tomato Pizza with Coleslaw & Salad
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)

- Super Savoury Roll
(Flaky Puff pastry with a seasoned filling served with Salad & Coleslaw)

Assorted Jacket Potatoes /
Selection of Sandwiches

Sprinkle Cake
(Homemade Vanilla
Sponge, lightly topped with
Water Icing and Sprinkles)

Southern Fried Chicken Goujons & Garlic Mayo
(Red Tractor Accredited pre fried Breaded Chicken, served with Garlic Mayonnaise & baked Jacket Wedges)

MSC Breaded Fish Fillet Fingers
(MSC Fish Fillet Fingers, served with Seasoned Potatoes)

- Vegetable Pakoras
(Mixed Vegetables & Onion coated in Tempura Batter, served with Baked Jacket Wedges & Raita)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Gallydale Biscuits
(Homemade, crumbly,
Oaty Biscuit)

WEEK 3

Loaded Wedges with a Mild Mexican Chilli & topping
(Red Tractor Accredited Beef Mince in a mild, homemade Chilli Sauce, served on Baked Jacket Wedges)

- Golden Cheese Whirl
(Cheese, Potato & Onion encase in Puff Pastry, served with baked Jacket Wedges)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Peaches & Ice
Cream with Syrup
(Vanilla Ice Cream with
Tinned Peach Slices with a
Chocolate flavoured Syrup)

Creamy Chicken Pasta & Crusty Bread
(Red Tractor Accredited diced Chicken in a homemade Creamy Sauce with Garlic, served with Pennie Pasta)

- Rainbow Jambalaya Jamboree
(Mildly spiced Rice with Peppers, Vegetables and Beans, served with Crusty Bread)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Vanilla Sponge
(Homemade, light Vanilla
Sponge with a hint of
Vanilla, served with Custard)

Sausage in Gravy with Yorkshire Pudding
(Red Tractor Accredited Sausage, served with Yorkshire Pudding)

- Savoury Mince topped Tatties
(Soya Mince, Vegetables & Potatoes, served with a Yorkshire Pudding)

Assorted Jacket Potatoes /
Selection of Sandwiches

Chocolate
Crispy Crunch
(A sweet Bar made from
puffed Rice, Cocoa & Syrup)

- Classic Cheese & Tomato Pizza with Coleslaw & Salad
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)

- Pomodoro Pasta
(A simple, delicious rich Tomato Sauce with Beans, served with Garlic Bread)

Assorted Jacket Potatoes /
Selection of Sandwiches

Apple Cake
(Baked Vanilla Sponge with
blended Apples & topped
with Icing Sugar)

MSC Battered Fish Fillet
(MSC Battered Fillet of Fish, served with Baked Jacket Wedges)

MSC Salmon & Sweet Potato Fishcake
(MSC Salmon & Sweet Potato, served with Seasoned Potatoes)

- American Style Quorn Hot Dog
(Quorn Sausage, served in a White Bun with Seasoned Potatoes)

Assorted Jacket Potatoes /
Selection of Sandwiches /
Hot Sub Roll

Chocolate Sponge
& Chocolate Sauce
(Homemade, light
Chocolate Sponge, served
with Chocolate Sauce)



food quarter
FM SERVICES

For full allergen
& nutritional
information
head to our app



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL



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We are supporting
**Baby Loss
Awareness Week**
in our school.