


Week 1: 13th Apr, 4th May,
25th May, 15th Jun, 6th Jul,
27th Jul, 17th Aug, 7th Sep,
28th Sep, 19th Oct

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Sandal Primary School & Nursery Menu

Mon

 **ProVeg Beef & Red
Lentil Bolognese &
Garlic Bread**
Red Tractor accredited
Beef Mince & Lentils in
a Tomato & Vegetable
Sauce, served with
Pasta & Garlic Bread.

 **ProVeg Creamy
Mac & Cheese**
A Macaroni
Pasta dish, coated
in a creamy Mature
Cheddar Sauce,
served with crusty
Bread.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /**
 **Hot Sub Roll**

 **Lemon
Shortcake &
Custard**
A rich Shortbread
finger with a hint of
Lemon, served with
Custard.


Tue

**Chicken Tikka Masala
with Pilau Rice /
Naan Bread**
Red Tractor Accredited
diced Chicken &
Chickpeas in a mild Curry
Sauce with Pilau Rice /
Naan Bread.

 **Lentil &
Sweet Potato Curry**
Lentils & Sweet
Potato cooked in a
mild Curry Sauce &
Coriander, served with
Naan Bread.

 **Mascarpone
Pasta**
A creamy Sauce
with Tomatoes,
Mascarpone Cheese
and Herbs, served
with Crusty Bread.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**

 **Sprinkle Cake**
Homemade -
reduced sugar -
Vanilla Sponge,
lightly topped with
water Icing and
Sprinkles.

Wed


Roast Meat Dinner
Red Tractor Accredited
Meat (either Gammon,
Turkey or Pork Loin)
served with Yorkshire
Pudding, Roast
Potatoes, Seasonal Veg
& Gravy.


 **Quorn
Roast Dinner**
Served with Yorkshire
Pudding, Roast
Potatoes, Seasonal
Vegetables & Vegan
Gravy.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /**
 **Hot Sub Roll**


 **Decorated
Fruit Jelly**
Jelly with Fruit,
topped with Fresh
Cream.

Thu

 **Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.

 **Loaded
Rainbow Pizza**
Wholemeal 50/50
base topped with a
lightly spiced Sauce,
and topped with
Mozzarella / Cheddar
Cheese & Chips /
Jacket Wedges.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**

 **Chocolate
Sponge &
Chocolate Sauce**
Homemade, light
Chocolate Sponge,
served with
Chocolate Sauce.

Fri

All Day Brunch
Traditional
Breakfast items Red
Tractor Sausage,
Egg, Toast, & Beans.

 **All Day
Vegetarian
Brunch**
Quorn Sausage,
Scrambled Egg,
Baked Beans &
Toast or Bread &
Butter.

**MSC Breaded Fish
Fillet Fingers**
MSC Fish Fillet
Fingers, served with
Jacket Wedges.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /**
 **Hot Sub Roll**

 **Vanilla Cookie**
Custard flavoured
Cookie.




Scan the QR
code to head
to our app for
full allergen &
nutritional info



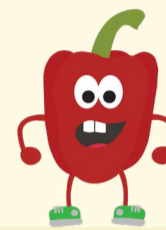
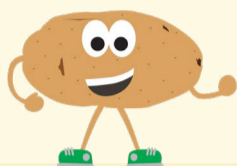
FM CATERING SERVICES

Week 2: 20th Apr, 11th May,
1st Jun, 22nd Jun, 13th Jul,
3rd Aug, 24th Aug, 14th Sep,
5th Oct, 26th Oct

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.

Selection of cold
Sandwiches served daily.

Sandal Primary School & Nursery Menu




Mon

Cottage Pie
Red Tractor Accredited
Beef Mince & Vegetables
in a rich Gravy.

 **Hearty
Shepherds Pie**
Soya Mince &
Vegetables in a rich
Gravy.

 **Spaghetti
Marinara**
A Tomato & mildly
spiced Sauce
combined into
cooked
Spaghetti, topped
with Cheese.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /
 Hot Sub Roll**

 **Strawberry
Sponge & Custard**
Homemade, light
Vanilla Sponge with a
Strawberry Jam Swirl,
served with Custard.

Tue

 **Arrabiata Pasta**
Chilli Tomato Sauce
with Lentils & Peppers,
served with Pasta &
Crusty Bread.


 **Golden
Cheese Roll**
Cheese mix wrapped
in Puff Pastry, served
with Creamed
Potatoes & Seasonal
Vegetables.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**


 **Peaches & Ice
Cream with Syrup**
Vanilla Ice Cream
with Tinned Peach
Slices, with a
Chocolate flavoured
Syrup.

Wed


Roast Meat Dinner
Red Tractor Accredited
Meat (either Gammon,
Turkey or Pork Loin)
served with Yorkshire
Pudding, Roast
Potatoes, Seasonal Veg
& Gravy.


 **Toad in the Hole**
Quorn Sausage,
baked in a light
Batter, served with
Roast Potatoes.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /
 Hot Sub Roll**

 **Lemon Drizzle**
A fluffy Lemon
Sponge with Icing
Drizzle, served with
optional Custard.

Thu

 **Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.

 **Loaded
Rainbow Pizza**
Wholemeal 50/50
base topped with a
lightly spiced Sauce,
and topped with
Mozzarella / Cheddar
Cheese & Chips /
Jacket Wedges.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**

 **Marble Sponge &
Chocolate Sauce**
Homemade Sponge
with hints of both
Vanilla & Chocolate
Cake, served with
Chocolate Sauce.

Fri

**MSC Battered
Fish Fillet**
MSC Battered Fillet of
Fish, served with Chips
/ Jacket Wedges.

**Southern-fried
Chicken Goujons**
Red Tractor Accredited
pre-fried Breaded
Chicken, served with
Garlic Mayonnaise &
Baked Jacket Wedges /
Chips.

 **Quorn Pattie
Burger in a Bun**
Quorn
Sausage-style
Pattie, served in
a Breadcake with
baked Jacket
Wedges / Chips.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /
 Hot Sub Roll**

 **Gallydale Biscuits**
Homemade, crumbly,
Oaty Biscuit.




Scan the QR
code to head
to our app for
full allergen &
nutritional info



FM CATERING SERVICES

Week 3: 27th Apr, 18th May,
8th Jun, 29th Jun, 20th Jul,
10th Aug, 31st Aug, 21st Sep,
12th Oct, 2nd Nov

 **Homemade Bread,**
selection of seasonal
Vegetables / fresh Salad &
fresh Fruit served daily.


Selection of cold
Sandwiches served daily.

Sandal Primary School & Nursery Menu



Mon

**Pork & Carrot
Meatballs in Tomato
& Herb Sauce**
Red Tractor Accredited
Pork & Carrot Meatballs
with homemade Tomato &
Herb Sauce, served with
Pasta & Garlic Bread.

 **Quorn Meatballs**
Quorn Balls in a
homemade Tomato
Sauce, served with
Rice.


**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /**
 **Hot Sub Roll**

 **Flapjack**
A sweet Bar made
with Oats, Golden
Syrup & Butter.


Tue

BBQ Chicken & Rice
Red Tractor Accredited
diced Chicken in a BBQ
Sauce, served with Rice.

 **Homemade BBQ
Quorn with Rice**
Quorn Pieces in a
Barbeque flavoured
Tomato Sauce, served
with Rainbow Rice.

 **Neapolitan Pasta**
Seasonal Veg, Beans
& Herbs cooked and
blended into a rich
Tomato Sauce, served
with Pasta.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**


 **Paris Sandwich**
A light, sweet
Pastry with Jam,
sandwiched in
between, served with
Custard.

Wed


Roast Meat Dinner
Red Tractor Accredited
Meat (either Gammon,
Turkey or Pork Loin)
served with Yorkshire
Pudding, Roast
Potatoes, Seasonal Veg
& Gravy.


 **Quorn
Roast Dinner**
Served with Yorkshire
Pudding, Roast
Potatoes, Seasonal
Vegetables & Vegan
Gravy.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /**
 **Hot Sub Roll**

 **Pears & Ice
Cream with Syrup**
Vanilla Ice Cream
with Tinned Pear
Slices, with a
Chocolate flavoured
Syrup.

Thu

 **Classic Cheese &
Tomato Pizza**
Wholemeal 50/50 base,
topped with a
lightly spiced Sauce
and topped with
Mozzarella / Cheddar
Cheese, served with
Chips / Jacket Wedges.

 **Pomodoro Pasta**
A simple, delicious,
rich Tomato Sauce
with Beans, served
with Crusty Bread.


**Assorted
Jacket
Potatoes /
Selection of
Sandwiches**

 **Chocolate
Sponge &
Chocolate Sauce**
Homemade, light
Chocolate Sponge,
served with
Chocolate Sauce.

Fri

**MSC Breaded Fish
Fillet Fingers**
MSC Fish Fillet
Fingers, served with
Chips / Jacket Wedges.

**MSC Salmon &
Sweet Potato
Fishcake**
MSC Salmon & Sweet
Potato, served with
Chips / Jacket Wedges.

 **Crispy Dippers**
A blend of Vegetables
& Potato coated in
Breadcrumbs, served
with Ketchup & Chips /
baked Jacket Wedges.

**Assorted
Jacket
Potatoes /
Selection of
Sandwiches /**
 **Hot Sub Roll**

 **Butterfly Buns**
Individual,
decorated Sponge-
based Dessert.



Scan the QR
code to head
to our app for
full allergen &
nutritional info



FM CATERING SERVICES