Sandal Primary School & Nursery

Menu

Week 1: 2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan, 15th Feb, 8th Mar, 29th Mar

Homemade bread, selection of seasonal vegetables / fresh salad & fresh fruit served daily





Mon

Sweet Chilli Chicken Noodles
Soft noodles with sweet chilli sauce and Red Tractor assured chicken pieces.

Rainbow Vegetable Noodles
Noodles coated in a sweet glaze with bright, colourful vegetables.

BBQ Quorn & Rice Pot
Succulent Quorn pieces coated in a smoky BBQ sauce, paired with perfectly cooked rice for a satisfying meal.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Marble Sponge
Homemade sponge with hints of both vanilla & chocolate cake, served with chocolate sauce.



Tue

Homemade Meat Lasagne & Garlic Bread
A classic homemade Red Tractor beef lasagne with pasta, rich tomato sauce and cheese, served with garlic bread.

Macaroni Cheese with a Crispy Topping
Cheesy pasta baked with a crunchy topping.

Spinach, Sweet Potato Lentil Dhal
This mildly spiced dish with sweet potatoes, spinach, and little lentils cooked together into a smooth, comforting stew.

Jacket Potato / Assorted Sandwiches

Berry Blondie
A soft, sweet square bursting with colourful berries in every bite.



Wed

Roast Meat of the Day
Oven-roasted meat served with gravy, made with Red Tractor assured meat.

Roast Vegetable Wellington
Roasted vegetables encased in flaky pastry.

Arrabiata Pasta Pot
Pasta in a bold, spicy tomato & lentil sauce with a hint of chilli for a warming kick.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Lemon Swirl Sponge & Custard
Soft sponge with zesty lemon swirl and smooth custard.



Thu

Wholemeal Margherita Pizza
A wholemeal pizza topped with melty cheese and tomato.

Wholemeal Cheese & Mushroom Pizza
A wholemeal pizza topped with melty cheese, tomato and mushrooms.

Cauliflower Bake with Golden Cheese Topping
Soft cauliflower covered in melted cheese.

Jacket Potato / Assorted Sandwiches

Pancake & Toffee Sauce
A fluffy pancake drizzled with sweet, sticky toffee sauce.



Fri

All Day Brunch
Traditional breakfast items: Red Tractor sausage, egg, toast & beans.

MSC Salmon & Sweet Potato Fishcake
MSC salmon and sweet potato coated in breadcrumbs.

Golden Nuggets
A blend of vegetables and potato coated in breadcrumbs.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Fruit Jelly
Wobbly fruity jelly that's cool and refreshing.





VEGETARIAN VEGAN HALAL

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City of BRADFORD METROPOLITAN DISTRICT COUNCIL

Sandal Primary School & Nursery

Menu

Week 2: 9th Nov, 30th Nov, 21st Dec, 11th Jan, 1st Feb, 22nd Feb, 15th Mar, 5th Apr

Homemade bread, selection of seasonal vegetables / fresh salad & fresh fruit served daily





Mon

Pasta with a Rustic Vegetable Sauce
Pasta mixed with hidden tasty vegetables in a tomato sauce.

Stuffed Ravioli in a Sauce
Pasta parcels filled with vegetables.

Quorn Powerball Rice Pot
Tender Quorn meatballs in a rich tomato sauce, served with fluffy seasoned rice for a comforting, plant-based classic.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Strawberry Ice Cream & Berry Crunch Sundae
Strawberry ice cream with berries and a crunchy topping.



Tue

Chicken Tikka Pitta Bread
Tender Red Tractor chicken in a mild tikka sauce tucked into a warm pitta.

Vegetable Rainbow Savoury Muffin
A savoury muffin packed with colourful veggies.

Jacket Potato / Assorted Sandwiches

Rice Pudding with mixed Berry Compote
Creamy rice pudding topped with a tangy mixed berry compote for a balanced sweetness.



Wed

Roast Meat of the Day
Oven-roasted meat served with gravy, made with Red Tractor assured meat.

British Quorn Sausage & Mash
Quorn sausage served with creamy mash potatoes.

Neapolitan Pasta Pot
Pasta tossed in a classic Italian tomato and herb sauce, with a trio of fresh vegetables, full of simple, fresh flavours.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Chocolate Sponge & Pink Custard
Soft, fluffy chocolate sponge topped with smooth, sweet pink custard - a warm and comforting classic treat.



Thu

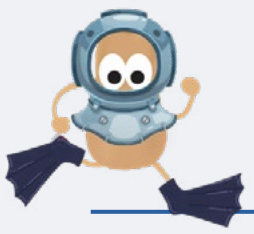
Wholemeal Margherita Pizza
A wholemeal pizza topped with melty cheese and tomato.

Fiesta Enchilada
Vegetables wrapped in tortillas topped with tomato sauce and cheese.

Fusilli Pasta in Pomodoro Sauce
Wholegrain fusilli pasta in a light, tomato based Pomodoro sauce.

Jacket Potato / Assorted Sandwiches

Mud Pudding
A gooey chocolate pudding that looks like mud but tastes like magic.



Fri

MSC Battered Fillet of Fish
Golden battered fish fillet, made with MSC-certified fish.

Old School Cheesy Bean Pasta Bake
Pasta with beans and melted cheese.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Strawberry Sponge & Custard
Homemade, light vanilla sponge with a strawberry jam swirl, served with custard.





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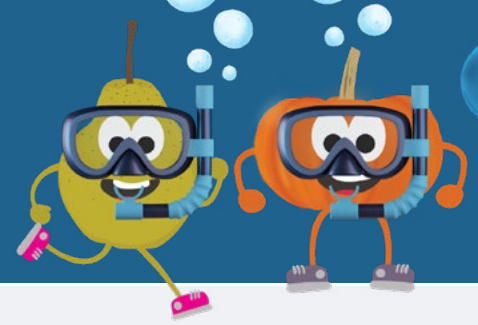
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Sandal Primary School & Nursery

Menu

Week 3: 16th Nov, 7th Dec, 28th Dec, 18th Jan, 8th Feb, 1st Mar, 22nd Mar

Homemade bread, selection of seasonal vegetables / fresh salad & fresh fruit served daily





Mon

Chicken Tinga with Peppers Taco
Red Tractor assured shredded chicken with peppers in a soft taco.

Loaded Vegetable Taco
A crispy taco filled with a colourful variety of vegetables.

Soya & Red Lentil Bolognaise Pot
A hearty plant-based twist on a classic, with soya and red lentils in a rich, savoury tomato sauce.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Vanilla Sponge
Homemade light vanilla sponge with a hint of vanilla, served with custard.



Tue

Beef & Spinach Burger in a Soft Bun
Red Tractor beef burger with hidden spinach, served in a soft bun.

New York Burger
A planet-friendly plant-powered patty served in a soft bun.

Marinara Pasta Pot
Pasta served in a light garlic, vegetable and herb tomato sauce, bursting with mediterranean flavours.

Jacket Potato / Assorted Sandwiches

Homemade Classic Plain Scone with Jam
A fluffy scone topped with jam so sweet it could make s strawberry blush.



Wed

Roast Meat of the Day
Oven-roasted meat served with gravy, made with Red Tractor assured meat.

Quorn Powerball Sub Roll
Tender Quorn meatballs in a rich tomato sauce and nachos in a baked sub roll.

Super Savoury Roll
Planet-friendly sausage roll)

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Apple & Cinnamon Sponge & Custard
Soft sponge with sweet apple and a sprinkle of cinnamon, served with warm, creamy custard.



Thu

Wholemeal Margherita Pizza
A wholemeal pizza topped with melty cheese and tomato.

Wholemeal Cheese & Pepper Pizza
A wholemeal pizza topped with melt cheese, tomato and peppers.

Katsu Vegetable Rice
Vegetable medley served with wholegrain rice and a lightly spiced curry sauce.

Jacket Potato / Assorted Sandwiches

Assorted Melon Pot
A tasty mix of fresh melon pieces for a light healthy treat.



Fri

MSC Breaded Fish Fingers
Crispy breaded fish fingers, made with MSC-certified fish.

Best of Brunch Loaded Soft Roll
A soft roll filled with British Quorn bangers, hash browns and beans.

Hot Sub Roll
Hot sub roll with assorted fillings, served with salad.

Jacket Potato / Assorted Sandwiches

Lemon Drizzle
A zingy lemon cake with a sparkly, sugary drizzle.





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